



Center for Personal Growth, Inc.

“Dedicated To Improving Your Mental Health”

Telephone: (619) 405-6378

www.centerforpg.com

Rainbow Group: 2025

Date: All Groups are held on the **fourth** Wednesday of each month.

Time: All group times are from 6:00 pm to 7:00 pm.

Location: 3026 University Ave, Suite B., San Diego, CA 92104

January 22, 2025

February 26, 2025

March 26, 2025

April 23, 2025

May 28, 2025

June 25, 2025

July 23, 2025

August 27, 2025

September 24, 2025

October 22, 2025

November 26, 2025 (Cancelled)

December 24, 2025 (Cancelled)

The above dates can be found on our website at the following link:

<http://www.centerforpg.com>

If you cannot attend this group, please call:

Alexis Aguilar at 619-797-5884

We are closed on all Federal Holidays:

New Year’s Day January 1

Martin Luther King’s Birthday 3rd Monday in January

Washington’s Birthday 3rd Monday in February

Memorial Day last Monday in May

Juneteenth National Independence Day June 19

Independence Day July 4

Labor Day 1st Monday in September

Columbus Day 2nd Monday in October

Veterans’ Day November 11

Thanksgiving Day 4th Thursday in November

Christmas Day December 25

Locations:

Exodus Recovery Project Connect
3026 University Ave, Suite B.
San Diego, Ca. 92104

Exodus Recovery, Inc.
550 West Vista Way, Suite 109
Vista, Ca. 92083

San Diego Center for Family Therapy, Inc.
124 East 30th St., Suite A1
National City, Ca. 91950