

Our Mission Statement:

Dedicated to improving your mental health,

Our Core Values:

Compassion:

We value our clients and strive to enrich and improve their lives.

Respect:

We are committed to treating our clients and community with courtesy, dignity, and understanding. We are mindful of individual differences and cultural and ethnic diversity.

Integrity:

We pledge to provide honest and ethical services to our clients. We align our actions with our words and deliver what we promise.

Innovation:

We strive to be the leaders in education and advancement of knowledge in our fields.

Hope:

Hope is the belief that improvement is possible. Through hope we inspire others to dream and strive for goals.

We share our belief that people can change their lives. We assist clients to identify their aspirations and build upon their strengths.

The Center for Personal Growth is

located near the intersection of 30th Street and Adams Avenue in the Normal Heights area of San Diego.

Public Transportation: The number 2

bus stops at 30th St. and Adams Avenue.

Parking: Street parking is available.



The San Diego Center for Family

Therapy is located near the intersection of East 30th Street and National City Blvd. in National City.

Public Transportation: The

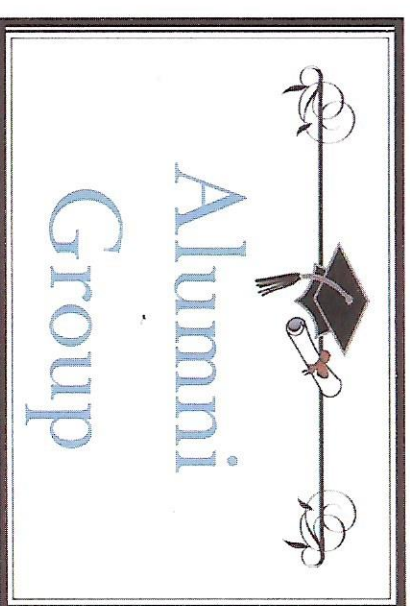
number 932 bus stops at 30th St. and National City Blvd.

Parking: Parking is available in the parking lot adjacent to the building.



SkillsSystem

Regulate Emotion. Maximize Potential.



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www.centerforpfg.com



Center for Personal Growth

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San Diego, CA 92116

San Diego Center for Family Therapy

124 East 30th Street

National City, CA 91950

