

The Center for Personal Growth 4656 30th St., San Diego, Ca. 92116 *Telephone: (619) 405-6378 Fax: (619) 528-8054*

WELCOME PACKET

Welcome. We look forward to working with you to help you reach your goals. The specifics of the treatment goals and the steps to achieve these goals will be discussed at the first appointment. Your participation and understanding of the treatment goals is essential for the best benefit of life coaching. If you ever have questions about the nature of the treatment or anything else about your care, please ask at any time.

Confidentiality:

It is understood that all information between a life coach and client is held strictly confidential and the life coach will not release any information about my sessions unless permitted by law or:

- 1. It is agreed upon in writing.
- 2. The client presents a danger to self.
- 3. The client presents a danger to others.
- 4. Child/Elder abuse is suspected.
- 5. If the client is assessed to be gravely disabled.
- 6. If a judge determines that our discussions are not confidential, a judge may request specific information. It is understood that in cases #3 and #4 the therapist is required by law to inform potential victims and legal authorities so that protective measures may be taken.

Financial Terms

I have agreed to the fee of \$______per session. I will make this payment at each appointment unless arrangements for a payment schedule have been made with this life coach. Cash or Check only. No credit cards or ATM/Debit cards are accepted.

Emergency Procedures

Please contact Brian Newcomer by leaving a message at (619) 405-6378. This life coach will make every effort to respond to your message in a timely manner. If an emergency situation arises and for some you are unable to contact this life coach by voice mail or you need a very immediate response, you can also call the "crisis team" at 1-888-724-7240 or emergency services at 911.

Cancelled/Missed Appointments

In the event of a "no show" or failure to give 24 hours notice of a cancellation, a \$30.00 charge will be made. An appointment will be considered a "no show" if the client is 20 or more minutes late. Please be advised that this fee will be charged directly to you.

I understand and agree to all the above information

Client/Legal Representative Signature

Date

Brian Newcomer, Life Coach

Date

"Dedicated To Improving Your Mental Health" <u>www.centerforpg.com</u> Welcome Packet Life Coach.doc